

## The Disease To Please Curing The People Pleasing Syndrome

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### The Disease To Please Curing

Featured on NBC's "Today," The Disease to Please explodes the dangerous myth that "people pleasing" is a benign problem. Best-selling author and frequent "Oprah" guest Dr. Harriet Braiker offers clear, positive, practical, and easily do-able steps toward recovery.

### The Disease To Please: Curing the People-Pleasing Syndrome ...

Walked away learning something new. "Disease to please" this catchy title helps explain the ins and outs of being a people pleaser. Interesting to learn what makes ppl pleasers tick and how to "cure" it. Book is engaging it has several short questionnaires and daily assignments.

### The Disease to Please: Curing the People-Pleasing Syndrome ...

Featured on NBC's Today, The Disease to Please explodes the dangerous myth that "people pleasing" is a benign problem. Best-selling author and frequent Oprah guest Dr. Harriet Braiker offers clear, positive, practical, and easily do-able steps toward recovery. Begin with a simple but revealing quiz to discover what type of people-pleaser you are.

### The Disease to Please: Curing the People-Pleasing ...

Find many great new & used options and get the best deals for The Disease to Please: Curing the People-Pleasing Syndrome by Harriet Braiker (2002, Trade Paperback) at the best online prices at eBay! Free shipping for many products!

### The Disease to Please: Curing the People-Pleasing Syndrome ...

For them, the uncontrollable need for the elusive approval of others is an addiction. Their debilitating fears of anger and confrontation force them to use "niceness" and "people-pleasing" as...

### The Disease to Please: Curing the People-Pleasing Syndrome ...

The disease to please : curing the people-pleasing syndrome by Braiker, Harriet B., 1948-Publication date 2001 Topics Assertiveness (Psychology), Social desirability, Self-actualization (Psychology), Assertiveness (Psychology), Social desirability, Altruismus, Bewältigung, Freundlichkeit, Konfliktlösung, Konfliktvermeidung, Lebensführung ...

### The disease to please : curing the people-pleasing ...

The Disease to Please: Curing the People Pleasing Syndrome by on Prezi Next I am a Behavioral People Pleaser I am People Pleasing Feelings Motivated by an avoidance of disapproval, rather than a need of approval. Approval is imperative because disapproval is unbearable.

### The Disease to Please: Curing the People Pleasing Syndrome ...

Yes, There Is a Cure for the 'Disease to Please' From the WebMD Archives Aug. 17, 2000 -- Talk show host Oprah Winfrey calls it the "disease to please" -- the tendency of some women to put the...

### Yes, There Is a Cure for the 'Disease to Please'

The Disease to Please: Curing the People-Pleasing Syndrome Paperback - March 6 2002 by Harriet Braiker (Author) 4.5 out of 5 stars 190 ratings

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### Are YOU A People-Pleaser? How To Cure The Disease To Please

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### The Disease to Please: Curing the People-Pleasing Syndrome ...

To this end, the 21-Day Action Plan for curing the Disease to Please takes a wide and inclusive aim at correcting the faulty mindsets, breaking the habits, and overcoming the fearful feelings that collectively comprise this difficult and frustrating syndrome. The Hidden Cost of People-Pleasing. People-pleasing is an odd problem.

### The Disease to Please by Harriet Braiker, Paperback ...

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