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### The Daily Stoic: 366 Meditations on Wisdom, Perseverance ...

The Daily Stoic: 366 Meditations on Wisdom, Perseverance, and the Art of Living Audible Audiobook - Unabridged. Ryan Holiday (Author), Stephen Hanselman (Author), Brian Holsopple (Narrator), LevelFiveMedia, LLC (Publisher) & 1 more. 4.8 out of 5 stars 5,505 ratings. See all formats and editions.

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She still reads it every day. "The Daily Stoic: 366 Meditations on Wisdom, Perseverance, and the Art of Daily Living" is the meditation book my son will remember, the one I'll read every day. It's now on my end table with a red ribbon marking the season.

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### Exclusive Excerpt: The Daily Stoic: 366 Meditations on ...

The Daily Stoic: 366 Meditations on Wisdom, Perseverance, and the Art of Living is a daily devotional book of stoic philosophy co-authored by Ryan

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Holiday and Stephen Hanselman. It is Holiday's fifth book and Hanselman's debut as an author.

### **The Daily Stoic - Wikipedia**

Which is why I am excited to bring all-new translations of the greatest passages from them as well as several other lesser-known Stoics in The Daily Stoic: 366 Meditations on Wisdom, Perseverance, and the Art of Living. It offers one meditation for each day of the year to make you happier, more resilient and a wiser, better person.

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Praise For The Daily Stoic: 366 Meditations on Wisdom, Perseverance, and the Art of Living ... " The Daily Stoic follows up on the success of [ The Obstacle Is The Way] by providing a year of quotations and life lessons drawn from the three great Stoic sages." —The Wall Street Journal

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"Great idea here. Read by the creator of "The Daily Stoic" website, Ryan Holiday, who is also the author of "The Obstacle is the Way", "The Daily Stoic Journal", " The Daily Stoic- 366 Meditations", and a few others, these are brief bits of Stoicism that can enhance the day in many ways.

**Review of The Daily Stoic - The Daily Stoic - Chartable**

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