

## **The Conscious Parent Transforming Ourselves Empowering Our Children Shefali Tsabary**

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### **The Conscious Parent Transforming Ourselves**

The Conscious Parent: Transforming Ourselves, Empowering Our Children Paperback – November 1, 2010. by. Dr. Shefali Tsabary (Author) > Visit Amazon's Dr. Shefali Tsabary Page. Find all the books, read about the author, and more.

### **The Conscious Parent: Transforming Ourselves, Empowering ...**

Children aren't ours to possess or own in any way. When we know this in the depths of our soul, we

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tailor our raising of them to their needs, rather than molding them to fit our needs. Shefali Tsabary, *The Conscious Parent: Transforming Ourselves, Empowering Our Children* (Vancouver: Namaste Publishing, 2010), 2-3.

## **The Conscious Parent: Transforming Ourselves, Empowering ...**

The Conscious Parent invites parents to become more mindful of their daily interactions with their children so that rather than seeing children's actions as "misbehavior," parents can recognize an opportunity to be kinder and more open themselves.

## **The Conscious Parent: Transforming Ourselves, Empowering ...**

The Conscious Parent recognizes a child's potential to spark deep soul-searching, leading to a transformation of the parents. Instead of being merely the receiver of their family's psychological and spiritual legacy, children function as a catalyst so their parents can complete the growing up that was left unfinished from their own childhood.

## **The Conscious Parent: Transforming Ourselves, Empowering ...**

The Oprah-acclaimed parenting book that will change the way you raise your children. Acclaimed by Oprah and written by Shefali Tsabary, PhD, with a Preface by His Holiness the Dalai Lama, *The Conscious Parent* received advance acclaim from authors such as Eckhart Tolle, Marianne Williamson, Marci Shimoff, Laura Berman Fortgang, along with other leaders in the field of parenting.

## **The Conscious Parent: Transforming Ourselves, Empowering ...**

If we want to make a little change to make the world a better place, the first place to start with is by becoming more conscious ourselves—healing our inner child, learning to separate our ego from our essence, accepting how we were parented and taking it over from there spreading

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consciousness.

## **Amazon.com: The Conscious Parent: Transforming Ourselves ...**

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## **The Conscious Parent: Transforming Ourselves, Empowering ...**

BUY "The Conscious Parent" It's a tremendous privilege to raise children, though for a quite different reason than most of us who are parents imagine. While we think it's our responsibility to mold and shape our children's future, the essential premise of Dr. Shefali Tsabary's A Call to Conscious Parenting is that our children are born to us to create deep internal transformation within us.

## **The Conscious Parent - Dr. Shefali**

The Conscious Parent Quotes Showing 1-30 of 112. "When you parent, it's crucial you realize you aren't raising a "mini me," but a spirit throbbing with its own signature. For this reason, it's important to separate who you are from who each of your children is. Children aren't ours to possess or own in any way.

## **The Conscious Parent Quotes by Shefali Tsabary**

As they become 'conscious' in their parenting, so parents can transform their relationship with their offspring and raise happy, well-adjusted children. The Conscious Parent is already transforming the way people are parenting through its sales in the US where it's spent 15 weeks on the New York Times bestseller list. Oprah described the book as 'The most profound book on parenting I've ever read' and Eckhart Tolle has said 'becoming a conscious parent is the greatest gift you can give your

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## **The Conscious Parent: Transforming Ourselves, Empowering ...**

There was so very much in *The Conscious Parent: Transforming Ourselves, Empowering Our Children* by Shefali Tsabary that resonated with me. It is not a how-to book of parenting strategies but a philosophical guide for walking the parenting journey with mindfulness.

## **The Conscious Parent: Transforming Ourselves, Empowering ...**

*The Conscious Parent : Transforming Ourselves, Empowering Our Children* by Shefali Tsabary. It is a tremendous privilege to raise children, though for a quite different reason than most of us who are parents imagine. While we think it is our responsibility to mold and shape our children's future, the essential premise of Dr. Shefali Tsabary's "A Call to Conscious Parenting" is that our children are born to us to create deep internal transformation within us.

## **The Conscious Parent : Transforming Ourselves, Empowering ...**

Dr. Shefali speaks to the importance of conscious parenting at the Idaho Coalition Against Sexual & Domestic Violence's annual convening, *Compassionate Commu...*

## **Dr. Shefali Tsabary: Conscious Parenting: Transforming ...**

The inspirational US bestseller, *Dr Tsabary* changes the whole way we see parenting - helping us to be mindful and look deeply at our own behaviour in order to transform our relationships with our children. With a Foreword by His Holiness the Dalai Lama. --This text refers to the paperback edition.

## **The Conscious Parent: Transforming Ourselves, Empowering ...**

*The Conscious Parent : Transforming Ourselves, Empowering Our Children* Average Rating: ( 5.0 ) stars out of 5 stars 3 ratings , based on 3 reviews [Write a review](#)

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## **The Conscious Parent : Transforming Ourselves, Empowering ...**

The Conscious Parent: Transforming Ourselves, Empowering Our Children. Shefali Tsabary. Namaste Publishing, Incorporated, 2010 - Family & Relationships - 264 pages. 0 Reviews. Instead of being merely the receiver of the parents' psychological and spiritual legacy, children function as ushers of the parents' development. Parents unwittingly pass ...

## **The Conscious Parent: Transforming Ourselves, Empowering ...**

If we want to make a little change to make the world a better place, the first place to start with is by becoming more conscious ourselves—healing our inner child, learning to separate our ego from our essence, accepting how we were parented and taking it over from there spreading consciousness. Read more.

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