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The Coaching Manual The Definitive

The Coaching Manual is a resource built for soccer coaches who want to improve their understanding of coaching, find real practical sessions which they can use and accelerate the development of their players by creating a first-class soccer learning environment.

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Both a complete learning experience and an instant source of fresh insight and tips, the manual is your definitive reference throughout your coaching career. In this edition, you'll find: The principles, values and beliefs of a good coach Becoming a coach - key questions and considerations to help take your coaching

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bestselling book is trusted globally as the definitive guide to coaching. This carefully revised edition will guide you through the entire process from first meeting to when. coaching ends, with methods, tips and techniques that simply work. Understand and develop the core skills and beliefs of an effective coach.

The Coaching Manual: The Definitive Guide to The Process ...

For the busy manager, the manual gives techniques to use with your team. The manual covers the principles and beliefs that underpin coaching, describes the actual coaching process stage by stage, and gives fresh perspectives on the skills you need to develop.

The coaching manual: the definitive guide to the process

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"The Coaching Manual is the most current, comprehensive, practical, best-illustrated coaching source I have ever seen." "Dr Stephen Covey, author of 7 Habits of Highly Effective People" This is the practical, readable guide to the skills, insights and perspectives of a highly effective personal coach!

The Coaching Manual: The definitive guide to the process

Abstract: This carefully revised edition will guide you through the entire process from first meeting to when coaching ends, with methods, tips and techniques that simply work. Understand and develop the core skills and beliefs of an effective coach. Know how to ask insightful questions that deliver valuable answers.

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The coaching manual : the definitive guide to the process

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