

## Karate

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### Karate

Karate is now predominantly a striking art using punching, kicking, knee strikes, elbow strikes and open-hand techniques such as knife-hands, spear-hands and palm-heel strikes. Historically, and in some modern styles, grappling, throws, joint locks, restraints and vital-point strikes are also taught.

### Karate - Wikipedia

Karate, (Japanese: "empty hand") unarmed martial-arts discipline employing kicking, striking, and defensive blocking with arms and legs. Emphasis is on concentrating as much of the body's power as possible at the point and instant of impact.

### Karate | Origin, Description, & History | Britannica

Karate (212) 924-0511. 61 W 23rd St. Flabron " not only loved the abundant class schedule, but training under a world renowned true master has been an amazing experience. Many great martial artists are the outcome of this dojo.

### THE BEST 10 Martial Arts in New York, NY - Updated COVID ...

Karate is primarily a striking art that teaches practitioners to utilize punches, kicks, knees, elbows and open hand strikes to disable opponents. Beyond this, karate teaches practitioners to block strikes and breath properly. Most styles of karate also extend into throws and joint locks. Weapons are utilized in most styles as well.

### Martial Arts History: The Types of Karate

Adult Olympic Karate program Take your first steps or become a master of karate as you get stronger, move faster, become more precise, and be inspired. Unlock the benefits of karate and your self-defense skills, stamina, stabilization, and focus.

### Karate City | On-line Classes | Choose The BEST

Don't miss exclusive access to karate combat - the combat sport of the future. Watch featured fights and learn more about our fighters.

### Karate Combat - Full Contact Karate League

Kyokushin Karate New York. BEGINNERS TO ADVANCED. KKNY Members of all ages and abilities, are welcome to attend any class on the schedule.

### Kyokushin • Karate in New York City

United States Kyokushin Karate - IFK Organization (USA-IFKK), with headquarters located in Rochester, New York, is the official U.S. organization of the International Federation of Karate (IFK) Kyokushin. The USA-IFKK was founded in 1996 by Shihan Michael Monaco.

### US Kyokushin Karate

Virtual Karate Lessons, Beginner to Advanced . We are so pleased that we can now offer virtual karate lessons for all levels at different pricing packages. So many families of our students have lost their jobs or have family members that have become ill.

### Home • THE BUSHIDO SCHOOL OF KARATE

Master Masataka Mori, 9th Dan (1932 - 2018)Chief Instructor Emeritus Sensei Shu Takahashi, 7th DanChief InstructorMember, Japan Karate Association International Board of Directors (North & Central America Region)

### Japan Karate Association of New York - Home

Japan Karate Association of New York - Home  
noun a method developed in Japan of defending oneself without the use of weapons by striking sensitive areas on an attacker's body with the hands, elbows, knees, or feet.Compare judo, jujitsu. a sport based on this method of self-defense.

### Karate | Definition of Karate at Dictionary.com

Karate is one of the most widely practiced martial art forms in the world. Martial arts rely on acute physical coordination and mental focus. They were developed in Asia (primarily India, China and Japan) over the course of several thousands of years.

### What is Karate? - How Karate Works | HowStuffWorks

Karate Female Team Kata Bronze Medal - Serbia vs Italy - WKF World Championships Belgrade 2010 (1/2) - Duration: 7:01. World Karate Federation 15,925,264 views 7:01

### Karate vs Taekwondo

The best karate in town. My kids have been attending classes for over 2 years. The instructors are top notch. Kids are always excited to go to Karate. I'd recommend it to anyone looking to get their kids into martial arts. And the parking is easy and stop and shop is right next door

### Learn Karate in Bethpage, Oyster Bay, & Port Washington ...

Karate International 6.82 Miles. Contact Details Map 93 4th St, New Rochelle, NY-10801. Taikushink School of Karate 7.04 Miles. Contact Details Map 764 Main St, New Rochelle, NY-10805-1549. Greenwich Kempo 7.05 Miles. Contact Details Map 450 East Putnam Ave., Cos Cob, CT-06807. Tiger Schulmann's Karate Ctr 7.06 Miles

### Martial Arts Schools, Studios & Dojos in Rye, New York

Definition of karate : a Japanese art of self-defense employing hand strikes and kicks to disable or subdue an opponent Other Words from karate Example Sentences: Learn More about karate Other Words from karate

### Karate | Definition of Karate by Merriam-Webster

Define karate. karate synonyms, karate pronunciation, karate translation, English dictionary definition of karate. n. A Japanese martial art in which sharp blows and kicks are administered to pressure-sensitive points on the body of an opponent. ka-ra-te-ist n. n a.